

## HANDS & FEET

Gelish Gel Hands	£29.00
Gelish Gel Toes	£29.00
Gelish Gel Hands or Toes with Soak off	£31.00
Full Set of Tips & Gel Overlays	£49.50
Gel Soak Off & Tidy	£10.00
Single Nail Repair (Silk or Gel Repair)	£5.00
Indulgent Hand, Arm & Foot Massage	£24.95
(Add on to gel nail services)	
Spa Manicure	£25.95
Soak, cuticle work, cut, file, massage & paint	
Luxury Spa Manicure	£34.95
A nourishing treatment including hot mitts, soak, scrub, hard skin removal, massage, cuticle work & paint.	
3 Step Pedicure - Choose Your Own Fragrance	£30.00
Soak, scrub, hard skin removal, massage, cuticle work & paint.	
4 Step Pedicure - Choose Your Own Fragrance	
Soak, scrub, mask, hard skin removal, massage, cuticle work & paint.	£36.00
Quick Step Pedicure	
File, cuticle work & paint	£18.00
French Polish Finish on Hands or Toes	Additional £3.50

## WAXING

Full Leg	£29.95
Full Leg & Bikini	£38.95
Three Quarter Leg	£26.95
Half Leg	£19.95
Forearm	£18.95
Full Arm	£23.00
Back or Chest	£31.00
Underarm	£15.00
Eyebrows	£11.95
Upper Lip or Chin	£11.95
Upper Lip & Chin	£20.95
Bikini Line	£16.00
G-String	£19.95
Brazilian	£28.95
Brazilian with Hot Wax	£33.95
Hollywood	£33.95
Hollywood with Hot Wax	£39.95

## LASHES & BROWS

HD Brows*	£30.00
7 step celebrity treatment for sculptured brows.	
Brow Dlite Henna Brow Treatment*	£30.00
Brow Lamination*	£45.00
Treatment includes tint or henna.	
Eyebrow Tint*	£9.95
LVL Lash Lift*	£45.00
Eyelash Tint*	£15.95
Nouveau Lash Extensions*	£50.00
Nouveau Lash Extension Infills*	From £32.00

\*Please note all lash and brow services are subject to patch testing 48 in advance of the treatment.

## SPRAY TANNING

Sienna Full Body Spray Tan	£27.00
Sienna Half Body Tan	£14.00
(Choose from legs or upper body)	
Sienna 1 Hour Tan	£29.00

## PROFESSIONAL MAKE UP

Special Occasion Make Up*	£40.00
Includes cleanse, tone and professional application.	
Make Up Lesson	£40.00
Bridal Make Up*	From £90.00
Includes rehearsal and make up on the day.	

\*Travel fee incurred for locations over 3 miles from the salon.

## EAR PIERCING

Studex Ear Piercing	From £35.00
Includes a choice of hypoallergenic metals including 9ct gold studs and ear care solution to care for your piercings.	



## BESPOKE SPA PACKAGES AVAILABLE UPON REQUEST

## GIFT VOUCHERS & LOYALTY SCHEME AVAILABLE

## CANCELLATION POLICY

Please give 24 hours notice should you need to cancel or reschedule your appointment. We reserve the right to charge a fee of 50% of the value of your treatment for cancellations made at less than 24 hours notice. Some treatments will require a 50% booking fee at the time of booking.



# Finishing Touch

## BEAUTY & AESTHETICS

## TREATMENT MENU



28 Birds Hill  
Heath & Reach  
Leighton Buzzard  
Beds, LU7 0AQ



01525 237137



enquiries@finishingtouchbeautysalon.com



www.finishingtouchbeautysalon.com



@finishingtouchhealthandbeauty



@finishingtouchhealthbeauty



## ELEMIS FACIAL TREATMENTS

**Pro Glow Renewal Facial** 45 mins | £48.50  
Using Elemis products that we tailor to the needs of your skin.  
For dull, lifeless, dry and dehydrated skin or those with oily/combo skin.

**Pro-Glow Smooth** 60 mins | £65.00  
Experience the age-defying benefits of marine-charged Padina Pavonica whilst targeted massage encourages optimum cellular function. Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment.

**Pro-Glow Resurface** 60 mins | £65.00  
This highly potent couture resurfacing treatment targets the signs of ageing and dull, tired, uneven skin tone. Clinically proven to resurface by up to 75% and increase skin smoothness by up to 32% after just one treatment. Targets blemishes, uneven skin tone, superficial scarring to reveal younger looking skin.

**Pro-Glow Brilliance** 60 mins | £65.00  
Energise and detoxify stressed, dull skin with a nutritional superfood boost. Leaves skin plumper, radiant and lit up with good health. Moisturisation levels are clinically proven to increase by up to 61% and elasticity by up to 40% after just one treatment. Helps smooth, firm and plump the skin.

**High Performance Skin Energiser for Men** 45 mins | £48.50  
The hard-working facial for ageing, dehydrated skin combined with a scalp massage.

## CACI NON-SURGICAL ADVANCED FACIAL TREATMENTS

\*Courses of 10-15 treatments recommended, prices on request.

**CACI Signature Non-Surgical Facial Toning\*** 60 mins | £60.00  
Non-invasive facial to lift and tone the muscles and firm the face and neck for a youthful, glowing appearance.

**CACI Jowl Lift\*** 30 mins | £40.00  
This treatment will lift and firm muscles, redefining facial contours for a more toned appearance. Add to the CACI Signature Non-Surgical Facial Toning for just £15.00.

**CACI Eye Revive\*** 45 mins | £40.00  
A gentle, effective treatment to reduce the appearance of fine lines and lift and tighten skin around the eye area. Add to a course of CACI Signature Non-Surgical Facial Toning Treatments for just £20 per treatment.

**CACI Hydratone** 15 mins | £25.00  
Designed to deeply nourish, hydrate and firm the skin. Facial rollers emitting microcurrent impulses are massaged over a hydrating gel facial mask for intensive hydration helping to restore firmness and soften lines. Ideal for dehydrated or sun damaged skin. Add to the CACI Signature Non-Surgical Facial Toning for just £15.00.

**CACI Skin Confidence** 30 mins | £30.00  
Softens and refines the appearance of stretch marks and scarring with an advanced exfoliation. The regenerating effects of microcurrent stimulation and LED therapy trigger tissue repair.

**CACI Ultra Radiance** 45 mins | £45.00  
Revitalise and brighten skin with this LED light treatment which targets wrinkles with an ultrasonic peeling.

**CACI Ultra Non-Surgical Red Carpet Facial** 90 mins | £90.00  
Combining the CACI Signature Non-Surgical Facial Toning and Ultra Radiance. Please ask your therapist for full details of this ultimate red carpet treatment.

**CACI Skin Calm** 30 mins | £30.00  
An anti-bacterial, anti-inflammatory treatment for skin prone to irritation and breakouts. Utilising LED light therapy with a soothing gel mask to calm and rehydrate the skin.

**CACI Wrinkle Revolution** 30 mins | £30.00  
A needle-free alternative to collagen injections and dermal fillers to target deep lines and wrinkles. Lines and wrinkles will instantly appear plumped from the first treatment.

**CACI Lip Booster** 30 mins | £30.00  
Designed to give you fuller, plumper lips and soften top lip lines in no time, Add to the CACI Signature Non-Surgical Facial Toning for just £15.00.

## RADIO FREQUENCY TREATMENTS

Radio Frequency tightens skin and restores contours for a firmer and more toned, youthful appearance. Treatments are especially well-suited to the chin, neck and jawline and for tightening the nasolabial folds. This safe, effective anti-ageing treatment is also popular for treating the face and neck area along with loose skin around the stomach, upper arms, upper legs and buttocks.

For best results a course of 5-6 treatments over a 5-6 week period is recommended.

**What are the benefits?**  
Increased skin firmness, plumpness and vitality.  
Effective skin tightening and the reduction in loose skin.  
Scar and wrinkle reduction.  
A noticeable lifted, sculpted effect to the face and body.

Radio Frequency Facial Treatment	£40.00
Radio Frequency Facial Maintenance Treatment	£40.00
Radio Frequency Body Treatment	£50.00
Radio Frequency Body Maintenance Treatment	£50.00

## MICRODERMABRASION

**Diamond Tip Microdermabrasion** 45 mins | £49.00  
Including ThermoTherapy, Diamond Tip Course of 5 | £217.00  
Microdermabrasion, LED Light Therapy and Chryotherapy.

## AESTHETICS CLINIC

Ask for details of our regular Medical Aesthetics Enhancement Clinic with injectables for men and women for the improvement of fine lines and wrinkles including the forehead and crow's feet along with dermal fillers for lips and facial lines.

All treatments within this Medical Aesthetics Clinic are carried out by a fully qualified aesthetics practitioner and Nurse Prescriber.

All prices available upon request.

## BODY TREATMENTS

**Swedish Body Massage**  
Relaxing, de-stressing massage to improve circulation and invigorate the body.  
**Swedish Full Body** 60 mins | £44.95  
**Swedish Back, Neck & Shoulder** 30 mins | £32.95

**Finishing Touch Back Treatment** 30 mins | £28.00  
Treatment includes cleanse, exfoliate, mask and massage - total relaxation.

**Aromatherapy Massage** 75 mins | £68.00  
A soothing therapeutic massage for the face, head and full body with natural plant essential oils,

**Molten Lava Shell or Hot Stone Massage**  
A luxury spa treatment using warm shells or hot stones to promote deep muscle relaxation. Relieves stress and improves circulation assisting with the elimination of toxins from the body.  
**Back, Neck & Shoulder** 30 mins | £39.95  
**Full Body** 60 mins | £64.95

**Elemis Frangipani Intensely** 45 mins | £42.00  
**Cleansing Salt Scrub or**  
**Elemis Exotic Lime & Ginger Salt Glow**  
A smoothing body treatment to encourage regeneration of cells. A deeply nourishing body oil follows the exfoliation.

**Body Contour Wraps**  
Lose inches in under 2 hours  
as intracellular fluids in fatty tissue are reduced.  
**Basic Wrap (under bust to top of knee)** | 75 mins | £35.95  
**Deluxe Wrap (bust to top of knee & arms)** | 90 mins | £49.95

**Reflexology** 45 mins | £37.95  
A detoxifying, relaxing and rebalancing treatment working on reflex points on the feet.

**Indian Head Massage** 45 mins | £37.95  
Stress relieving massage concentrating on the upper body and scalp.